

# Gurrie Red Ribbon Spirit Week

October 24<sup>th</sup> – October 27<sup>th</sup>

## Tuesday, 10/24: Pajama Day

“Don’t sleep on saying **NO** to drugs, alcohol, and nicotine.”

★ Wear your comfiest, school-appropriate sleepwear!



## Wednesday, 10/25: Wear Red Day

Celebrate Red Ribbon Week and say no to drugs, alcohol, and nicotine.

★ Wear as much red as you can put on!



## Thursday, 10/26: Dress-alike Day

“Join the crowd that makes healthy choices together.”

★ Coordinate with a friend (or friends) to dress the same!



## Friday, 10/27: Gurrie Gear Day

“These Tiger paws don’t touch drugs, alcohol, or nicotine.”

★ Wear your favorite Gurrie Tigers apparel, or wear blue and gold!



# Gurrie Middle School

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Ed Hood, Principal

1001 South Spring Avenue  
LaGrange, IL 60525-2798  
(708) 482-2720  
[www.d105.net](http://www.d105.net)

*Gurrie Middle School: Empowering students to make a difference in our world by assisting them to be self-directed, passionate, lifelong learners.*

October 16, 2023

Dear Parent or Guardian:

The adolescent years are marked by a roller-coaster ride of emotions – difficult for students, their parents and educators. It is easy to misinterpret depression as “normal” adolescent moodiness; however, depression (among the most common of mental illnesses) appears to be occurring at a much earlier age. Depression – which is treatable – is a leading risk factor for suicide. In addition, self-injury has become a growing problem among youth.

To proactively address these issues, Gurrie Middle School is offering depression awareness and suicide prevention training as part of the Signs of Suicide (SOS) program. The program aims to increase help-seeking behaviors among students concerned about themselves or a friend. Listed on SAMHSA’s National Registry of Evidence-Based Programs and Practices, the SOS program showed a reduction in self-reported suicide attempts by 40-64% in randomized control studies (Aseltine et al., 2007 & Schilling et al., 2016). The SOS program is presented to us through Elyssa’s Mission, a nonprofit organization dedicated to suicide prevention.

As part of the program, school staff will show the SOS Program video and subsequently lead students in discussion. Students will then complete a brief depression screener as well as fill out a Response Card indicating whether or not they would like to speak to an adult at the school regarding concerns about themselves or a friend. The depression screening tool addresses thoughts and feelings which a parent may be unaware their child is having. This tool does not provide a diagnosis of depression, but rather alerts school staff to those students requiring further investigation. Our school social worker and psychologist as well as qualified staff from a community partner will be available to meet with designated students; school staff will subsequently notify parents/guardians regarding any needed next steps.

Our goals in participating in this program are straightforward:

- To help our students understand that depression is a treatable illness
- To explain that suicide is a preventable tragedy that often occurs as a result of untreated depression
- To provide students with the training on how to identify serious depression and potential suicidality in themselves or a friend
- To impress upon youth that they can help themselves or a friend by taking the simple step of talking to a responsible adult about their concerns

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- To help students know whom in the school they can turn to for help, if they need it

Students at Gurrie Middle School will participate in a single lesson utilizing this curriculum during the school day. Seventh grade students will participate on November 6th and eighth grade students will participate on November 9th. We hope all parents will partner with us to educate our students, but you do have the right to refuse participation. Please check whether or not you would like your child to participate in this program below and return this letter to your child's advisory teacher no later than Monday, October 30th.

To get more information on suicide prevention, visit their website at [www.elyssasmission.org](http://www.elyssasmission.org). Make sure to view their online Parent Presentation at <https://elyssasmission.org/for-parents/> for specific information on warning signs and how to keep your child safe. We also encourage you to visit [www.sossignsof suicide.org/parent](http://www.sossignsof suicide.org/parent) for information on warning signs for youth suicide, useful resources, and some of the key messages students will learn.

If you need more information or have any questions about the SOS program, please call myself or Ashley Burger.

Sincerely,

Ed Hood  
Principal- Gurrie Middle School

\*\*\*\*\* Detach Here\*\*\*\*\*

Child's Name: \_\_\_\_\_

Advisory: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

\_\_\_\_ I would like my child to participate in the SOS Signs of Suicide Prevention Program

\_\_\_\_ I prefer that my child NOT participate in the SOS Signs of Suicide Prevention Program

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16 de octubre de 2023

Queridos Padres o Guardián:

Los años de la adolescencia están marcados por una montaña rusa de emociones, difícil para los estudiantes, sus padres y educadores. Es fácil malinterpretar la depresión como mal humor adolescente "normal"; sin embargo, la depresión (entre las enfermedades mentales más comunes) parece estar ocurriendo a una edad mucho más temprana. La depresión, que es tratable, es un factor de riesgo principal para el suicidio. Además, las autolesiones se han convertido en un problema creciente entre los jóvenes.

Para abordar proactivamente estos problemas, La Escuela Intermedia Gurrie está ofreciendo concientización sobre la depresión y capacitación en prevención del suicidio como parte del programa Señales de Suicidio (SOS). El programa tiene como objetivo aumentar los comportamientos de búsqueda de ayuda entre los estudiantes preocupados por sí mismos o por un amigo. Incluido en el Registro Nacional de Programas y Prácticas Basados en la Evidencia de SAMHSA, el programa SOS mostró una reducción en los intentos de suicidio auto reportados en un 40-64% en estudios de control aleatorios (Aseltine et al., 2007 & Schilling et al., 2016). El programa SOS se nos presenta a través de la Misión de Elyssa, una organización sin ánimo de lucro dedicada a la prevención del suicidio.

Como parte del programa, el personal de la escuela mostrarán el video del Programa SOS y, posteriormente, guiarán a los estudiantes en la discusión. Luego, los estudiantes completarán una breve prueba de detección de depresión, así como también llenarán una tarjeta de respuesta que indica si les gustaría o no hablar con un adulto en la escuela con respecto a las preocupaciones sobre sí mismos o un amigo. La herramienta de detección de depresión aborda los pensamientos y sentimientos que un padre puede no ser consciente de que su hijo está teniendo. Esta herramienta no proporciona un diagnóstico de depresión, sino que alerta al personal de la escuela sobre aquellos estudiantes que requieren más investigación. Nuestro trabajador social y psicólogo de la escuela, así como el personal calificado de un socio de la comunidad estarán disponibles para reunirse con los estudiantes designados; posteriormente, el personal de la escuela notificará a los padres / guardianes sobre los próximos pasos necesarios

Nuestros objetivos al participar en este programa son directos:

- Ayudar a nuestros estudiantes a comprender que la depresión es una enfermedad tratable
- Explicar que el suicidio es una tragedia prevenible que a menudo ocurre como resultado de la depresión no tratada
- Proporcionar a los estudiantes la capacitación sobre cómo identificar la depresión grave y el suicidio potencial en sí mismos o en un amigo

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- Enseñar a los jóvenes de que pueden ayudarse a sí mismos o a un amigo dando el simple paso de Hablar con un adulto responsable sobre sus preocupaciones
- Para ayudar a los estudiantes a saber a quién pueden acudir en la escuela en busca de ayuda, si la necesitan

Los estudiantes de la Escuela Intermedia Gurrie participarán en una sola lección utilizando este currículo durante el día escolar. Los estudiantes de séptimo grado participarán el 6 de noviembre y los estudiantes de octavo grado participarán el 9 de noviembre. Esperamos que todos los padres se asocien con nosotros para educar a nuestros estudiantes, pero usted tiene el derecho de rechazar la participación. Verifique si desea o no que su hijo participe en este programa abajo y devuelva esta carta al maestro asesor de su hijo a más tardar el lunes, 30 de octubre.

Para obtener más información sobre la prevención del suicidio, visite su sitio web en [www.elyssasmision.org](http://www.elyssasmision.org). Asegúrese de ver su presentación en línea para padres en <https://elyssasmision.org/for-parents/> para obtener información específica sobre las señales de advertencia y cómo mantener a su hijo seguro. También te animamos a visitar [www.sossignsofsuicide.org/parent](http://www.sossignsofsuicide.org/parent) para obtener información sobre las señales de advertencia para el suicidio juvenil, recursos útiles y algunos de los mensajes clave que los estudiantes aprenderán.

Si usted necesita más información o tiene alguna pregunta sobre el programa SOS, llámenme a mí o a Ashley Burger.

Cordialmente,  
Ed Hood  
Principal- Gurrie Middle School

\*\*\*\*\* Recorte Aqui\*\*\*\*\*

Nombre del niño: \_\_\_\_\_

Consejero: \_\_\_\_\_

Firma del Padre: \_\_\_\_\_

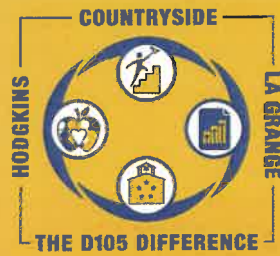
\_\_\_ Me gustaria que mi niño participe en el Programa SOS Señales de prevencion de Suicidio

\_\_\_ Yo prefiero que mi niño **NO** participe en el Programa SOS Señales de prevencion de Suicidio



Gurrie PTO is organizing Teacher Conference Soup Luncheon's, on Monday October 23<sup>rd</sup> and Wednesday October 25<sup>th</sup>. We hope you'll consider sharing some of your favorite recipes, prepared and portable! Requested items/suggestions for both dates can be found on the sign-up sheet below. Thank you for helping to host this event!

<https://www.signupgenius.com/go/5080F4CA8AA2DA3F94-44379402-fall>



# D105 Connection Center Donations Needed

**The Connection Center is in need of the following supplies:**

- Seasonal Ribbon
- Thick cord/Rope
- Wine corks
- Mason Jars
- Acrylic markers
- Small flower pots
- Popsicle Sticks
- Yarn

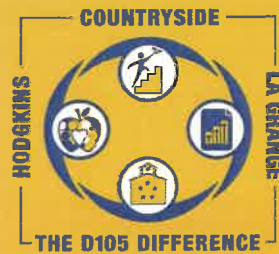


- Pipe Cleaners
- Gift cards to Jewel or Aldi (for the cooking class)
- Glue Sticks
- Tissue Paper
- Legos
- Puzzles
- Playdough
- Beads
- Plastic cups for Stacking (Solo Cups)

The D105 Connection Center is gearing up for another year of activities, crafts, and community, and we need your help! All Connection Center programs and activities are 100% funded by donations. We are currently seeking materials donations for the upcoming year.

***Donations can be dropped off in all D105 school offices between now and Friday, October 20th.***

**Questions?  
Contact Dr. Socorro Mendoza:  
smendoza@d105.net**



# Centro de conexión D105 Se necesitan donaciones



## El Centro de Conexión necesita los siguientes suministros:

- Cinta de temporada
- Cordón grueso/cuerda
- corchos de vino
- Tarros de cristal
- Marcadores acrílicos
- Macetas pequeñas
- Palitos de helados
- Hilo
- Cuentas



- Limpiadores de pipa
- Tarjetas regalo para Joya para Aldi (para la clase de cocina)
- Pegante de barra
- Pañuelo de papel
- Lego
- rompecabezas
- plastilina
- asos de plástico para estacar (vasos Solo)
- Hilo para tejer

El Centro de Conexión D105 se está preparando para otro año de actividades, manualidades y comunidad, ¡y necesitamos su ayuda! Todos los programas y actividades del Connection Center están financiados 100% por donaciones. Actualmente estamos buscando donaciones de materiales para el próximo año.

***Las donaciones se pueden dejar en todas las oficinas de la escuela D105 desde ahora hasta el viernes 20 de octubre.***

**¿Preguntas?  
Contacto Dr. Socorro Mendoza:  
smendoza@d105.net**



2023

2024



## The Gurrie Yearbook Just \$20!

**Full-color...featuring student portraits, music, sports, clubs, special events, activities, and more!**

**Yes, I want to order a yearbook!**

Student's First and Last Name \_\_\_\_\_

Advisors \_\_\_\_\_

I have enclosed \$20 (check one below):

Cash       Check (make payable to Gurrie Middle School)

Please return this form with payment to the Gurrie office or your advisor  
**OR** go online to [www.jostensyearbooks.com](http://www.jostensyearbooks.com) and search for Gurrie Middle School  
(a credit card is required for online purchase)

**Orders are due Thursday, March 14, 2024**

## LIONS AGE GROUP WRESTLING PROGRAM

- PROGRAM:** **Lions Wrestling Club** is a program for elementary and middle school students that stress the fun and fundamentals of wrestling. The program also introduces competition with other clubs and provides a training site and complete schedule for the more experienced wrestlers. The program will run from November 9, 2023, through February 22, 2024. Additional information is on our website: [www.LTHS.net/LWC](http://www.LTHS.net/LWC)
- AGES:** Kids in 2<sup>nd</sup> through 8th grade living in the LYONS TOWNSHIP SCHOOL DISTRICT.
- REGISTRATION:** **6pm to 7pm** on **Mon. 11/6, Tues. 11/7, Wed. 11/8** in the Vaughan Gym lobby of North Campus.
- IMPORTANT NOTE:** **ALL first time REGISTRANTS MUST PROVIDE A PHOTOCOPY OF THEIR BIRTH CERTIFICATE AT THE TIME OF REGISTRATION.** Go to [www.IKWF.org](http://www.IKWF.org) ,athlete membership, for the form. Hand in completed forms at registration.
- PARENT MEETING:** We will have a parent meeting on **Thurs. 11/9 at 6pm** before the first practice.
- PRACTICES:** Beginning **Thurs. 11/9 at 6pm**, practices will be in the Vaughan Gym of the North Campus of Lyons Township High School. The **Development** group will generally meet on Tues. and Thurs. nights from 6–7:30pm and the **Competition** group will meet Tues., Wed., and Thurs. from 6-7:30pm. A practice schedule and competition calendar will be passed out the first night and available on our website.
- UNIFORM:** Socks, tee shirt, elastic waist shorts, and wrestling shoes or gym shoes.
- COST:** **Development Group** is \$200, \$150 for each additional family member. This fee includes a tee shirt, shorts and IKWF, USA wrestling membership (\$50).  
**Competition Group** is \$250, \$200 for each additional family member. This fee includes a tee shirt, shorts and USA membership (\$45). Checks are payable to **Lions WC.**
- COACHES:** Mark King, LT coaching staff and LT wrestlers.
- QUESTIONS:** Call Mark King at 708-935-5382

# CLASS OF 2028 LTHS 8TH GRADE EVENTS



## CHECK IT OUT!

### Class of 2028 Website

The LT Class of 2028 page will have important information about the transition to high school as well as important information about the registration process and video testimonials from LT administration, staff, and students.

**NOV 13**

### Class of 2028 Kick-Off - 6:30 PM

Class of 2028 students/families will have an opportunity to learn about the dynamic programs and experiences here at LT. There will be a welcome presentation by administration and students, a co-curricular fair, and families will have the chance to tour LT's South Campus and learn about LT programs, athletics & activities.

**JAN 17**

### Class of 2028 Registration Virtual Meeting - 7:00 PM

Members of the LT Leadership Team will discuss the course registration process. We will share information regarding the Academic Program Guide, elective course selection and course registration.

**JAN 24**

### Future Freshman Night - 6:30 PM

Class of 2028 students/families will have the opportunity to attend presentations on academic programs as well as learn about elective programs and course offerings through showcases, demonstrations, and connecting with LTHS students & teachers. Students/families will have the opportunity to ask questions about the registration process and will leave ready to select courses for the 2024-25 school year.

**JAN 25**

### Placement Letter

Following Future Freshman Night, families will receive an email with their student's placement letter which will detail the student's academic level placement for English, Math, Science, and in some cases World Language classes. The letter will also include information regarding the process for completing a level change and information about making elective selections.

**LATE JAN TO  
EARLY FEB**

### Associate School Counselor Visits

LT counselors will visit each of our public associate schools to meet with students, discuss course requests, and enter academic course selections. Dates and times will be shared with students/families in January.

**FEB 6 & 8**

### Private/Parochial School Night at South Campus - 3:30 - 5:00 PM

Students that currently attend private/parochial schools and anticipate attending LT will need to come to LT to meet with counselors in order to register for courses for the 2024-25 school year.

**FEB 15**

### Final Day for Course - Selection Changes

The window for requests for level changes for incoming freshmen will close on February 15. The next window for level change requests for freshmen will take place during the first four weeks of the fall semester.

**SPRING**

### 2024-25 Online Registration Process Commences

Class of 2028 families will need to complete the following prior to the beginning of the 2024-25 school year: Online Registration, submission of the student's birth certificate, health paperwork, and all families' residency will be verified by LT. Many more details will be shared with families later this year.

*In addition to the events listed, members of the LTHS administrative team, staff and students will be visiting LT public associate schools on multiple occasions throughout the school year in order to enhance the transition process for the Class of 2028. Information that is shared with students will be sent to families following each of the visits.*