

Gurrie Middle School

Ed Hood, Principal

1001 South Spring Avenue
LaGrange, IL 60525-2798
(708) 482-2720
www.d105.net

Gurrie Middle School: Empowering students to pursue their interests, talents and dreams.

September 19, 2018

Dear Parent

The adolescent years are marked by a roller-coaster ride of emotions and growth-difficult for kids, their parents, and educators. It is easy to misread depression as normal adolescent turmoil; however, depression (among the most common of mental illnesses) appears to be occurring at a much earlier age. Depression-a treatable condition-is a leading risk factor for suicide. In addition, self-injury has become a growing problem among youth.

To proactively address these issues, Gurrie is offering depression and suicide prevention training to students, staff, and parents as part of the SOS Signs of Suicide® Prevention Program (SOS Program) in late October. The program has been successful at increasing students reporting concerns about themselves or a friend and is the only school-based suicide prevention program listed on SAMHSA's National Registry of Evidence-Based Programs and Practices that address suicide risk and depression, while reducing suicide attempts. In a randomized control study, the SOS high school program showed a reduction in self-reported suicide attempts by 40% (BMC Public Health, July 2007). The SOS Program is presented to us through Elyssa's Mission®, a nonprofit organization dedicated to suicide prevention. Elyssa's Mission is the only organization in the state of Illinois to fund, distribute and implement SOS. To get more information on suicide prevention, and the SOS program visit their website at www.elyssasmission.org.

As part of the program, Elyssa's Mission staff will show the SOS Program video and subsequently lead students in discussion. Students will then complete a brief depression screener as well as fill out a Response Card indicating whether or not they would like to speak to an adult at the school regarding concerns about themselves or a friend. The depression screening tool addresses thoughts and feelings which a parent may be unaware their child is having. This tool does not provide a diagnosis of depression, but rather alerts school staff to those students requiring further investigation. Students also complete a Response Card indicating whether or not they would like to speak to an adult at the school about themselves or a friend. Our school counselor, social worker and/or psychologist as well as qualified staff from a community partner will be available to meet with designated students; school staff will subsequently notify parents/guardians regarding any needed next steps.

Our goals in participating in this program are straightforward:

- To help our students understand that depression is a treatable illness.
- To explain that suicide is a preventable tragedy that often occurs as a result of untreated depression.

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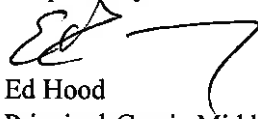
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- To provide students training in how to identify serious depression and potential suicide ideation in themselves or a friend.
- To impress upon our students that they can help themselves or a friend by taking the simple step of talking to a responsible adult about their concerns.
- To help students know whom in the school they can turn to for help, if they need it.

Students at Gurrie Middle School will participate in a single lesson utilizing this curriculum during the school day. Seventh grade will participate on October 23rd and eighth grade on October 25th. We hope all parents will partner with us to educate our students, but you do have the right to refuse participation. Please check whether or not you would like your child to participate in this program below and return this letter to your child's advisory teacher no later than Friday, October 19th, 2018.

If you need more information or have any questions about the SOS program please call myself or Jeannette Pedersen.

Respectfully,



Ed Hood
Principal-Gurrie Middle School

*****Detach Here*****

Child's Name _____ Advisory _____

Parent Name (Please Print) _____

Parent Signature _____

____ I would like my child to participate in the SOS Signs of Suicide® Prevention Program

____ I prefer that my child NOT participate in the SOS Signs of Suicide® Prevention Program

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10/1/18

Dear Gurrie Families,

As a reminder, Parent-Teacher-Student Conferences will be held on **November 6th & 14th**, and **February 6th & 13th**. We are excited to announce that D105 will be using an online scheduling service to streamline this process. You will be getting more information about this process soon. To access the online sign up for conferences, you will need to ensure the office has a current email address. For this reason, we are asking that you make sure we have an email address on file in the office that you check regularly. If you have been receiving the *Gurrie Weekly Email* then your email is current and there is no need to fill out this form.

Having the opportunity to meet with each and every parent to discuss your child's progress is extremely important to us. We value your contributions as parents, and look forward to being able to partner with you for your child's success.

If you do not have access to email, please contact the office as soon as possible so we can find an alternative way for you to sign up for a Parent Teacher Conference.

Sincerely,

Ed Hood

If necessary, fill out this portion and return to the Gurrie Office or email this form back to pdlhy@d105.net.

Student/s name(s): _____

First Parent/Guardian's Name _____

First Parent/Guardian's Email Address _____

Second Parent/Guardian's Name (if applicable) _____

Second Parent/Guardian's Email Address _____

Escuela Intermedia Gurrie

Ed Hood, Director

1001 South Spring Avenue
LaGrange, IL 60525-2798
(708) 482-2720
www.d105.net

Escuela Intermedia Gurrie: Empoderando estudiantes a perseguir sus intereses, talentos y sueños

10/1/18

Estimadas Familias de Gurrie,

Como recordatorio, las conferencias de padres, maestros y estudiantes se llevarán a cabo los días **6 y 14 de noviembre**, y los días **6 y 13 de febrero**. Nos complace anunciar que el D105 utilizará un servicio de programación en línea para simplificar este proceso. Próximamente recibirán más información sobre este proceso. Para acceder a la inscripción en línea para conferencias, deben asegurarse de que la oficina tenga una dirección de correo electrónico actual. Por esta razón, le pedimos que se aseguren de tener una dirección de correo electrónico en la oficina de la escuela que verifiquen regularmente. Si han estado recibiendo el correo electrónico semanal de Gurrie, su correo electrónico está actualizado y no es necesario que complete el formulario a continuación.

Tener la oportunidad de reunirnos con todos y cada uno de los padres para hablar sobre el progreso de su hijo es extremadamente importante para nosotros. Valoramos sus contribuciones como padres y esperamos poder colaborar con ustedes para el éxito de sus hijos.

Si no tiene acceso a un correo electrónico, comuníquese con la oficina lo antes posible para que podamos encontrar otra manera para inscribirse a una de las conferencias de padres y maestros.

Sinceramente,

Ed Hood

De ser necesario, complete esta parte y devuélvala a la oficina de Gurrie o envíela por correo electrónico a pdlhy@d105.net.

Nombre del Estudiante: _____

Nombre del 1^{er} Padre/Acudiente legal _____

Correo electrónico del 1^{er} Padre/Acudiente legal _____

Nombre del 2^o Padre/Acudiente legal (Si aplica) _____

Correo electrónico del 2^o Padre/Acudiente legal _____

Red Ribbon Week 2018: Life Is Your Journey, Travel Drug Free.

Dear Parents,

Through the Red Ribbon campaign, we hope to raise awareness of good decision making, the negative effects of alcohol and drug use, and to encourage children to make the choice to be drug-free. This theme of Red Ribbon Week this year is ***Life Is Your Journey, Travel Drug Free***. Activities have been developed by Teamwork 105 to be carried out during the week of October 22nd in all District 105 schools.

Monday, October 22nd

Each school will display their drug free school banner.

All students will receive a Red Ribbon Week pencil.

Our Pre-Kindergarten, Kindergarten, and First Graders will receive a Drug Free sticker/ribbon each day of the week.

Elementary Buildings: ***Pajama Day - Wake Up to Healthy Choices.***

Middle School: ***Gurtie Gear Day - These Paws Don't Touch Drugs, Alcohol, and Tobacco. Wear Gurtie spirit wear or blue and gold.***

Tuesday, October 23rd

Each classroom will receive a large ribbon that will be signed by students and teachers and displayed outdoors.

Elementary Buildings: ***Team Up Tuesday- Students can wear their favorite team apparel to focus on teamwork/working together to say no to unhealthy choices.***

Middle School: ***Pajama Day- Wear your school appropriate PJs to show that you don't sleep on saying NO to drugs, alcohol, and tobacco.***

Wednesday, October 24th *Wear Red Day.*

Everyone should wear red. This day is observed nationally and will unite us with others observing Red Ribbon Week across the nation.

Thursday, October 25th

Elementary Buildings: ***Use Your Head: Make Healthy Choices – Silly hair or hat day.***

Middle School: ***Mismatch Day- Wear crazy clashing colors and patterns to show how drugs, alcohol, and tobacco clash with your goals and dreams.***

Friday, October 26th

Elementary Buildings: ***Fluorescent Friday - wear your shiniest neon-colored gear to show that you make bright decisions by saying no to drugs, alcohol, and tobacco.***

Middle School: ***Fan Day – Support your favorite sports team, musical artist, or other fandom to show that making healthy choices can help you become a superstar.***

Together We Can Make a Difference!

Semana de la Cinta Roja 2018: La Vida es un Viaje, Viaja Libre de Drogas.

Estimados Padres,

A través de la campaña "Cinta Roja" (Red Ribbon), esperamos aumentar la concienciación acerca de tomar buenas de decisiones, los efectos negativos del consumo de alcohol y drogas, y animar a los niños a tomar la decisión de permanecer libre de drogas. El tema de este año de la Semana de la Cinta Roja es: ***La Vida es un Viaje, Viaja Libre de Drogas.*** Las actividades de la Semana de la Cinta Roja han sido desarrolladas por "Trabajo en Equipo 105" para ser llevadas a cabo durante la semana del 22 de Octubre en todas las escuelas del Distrito 105.

Lunes, 22 de Octubre

Cada escuela exhibirá su distintivo de escuela libre de drogas.

Todos los estudiantes recibirán un lápiz de la Semana de la Cinta Roja.

Nuestros estudiantes de pre-kínder, kínder y primer grado recibirán una calcomanía/cinta de Libre de Drogas todos los días de esa semana.

Escuelas Elementales: ***Día de pijamas – Despiértate a Decisiones Sanas.***

Escuela Intermedia: ***Día de Ropa de Gurrie - Estas patas no tocan drogas, alcohol o tabaco.***

Vístete con ropa de Gurrie o de color azul y dorado.

Martes, 23 de Octubre

Cada salón de clases recibirá una cinta grande que será firmada por estudiantes y maestros y exhibida al aire libre.

Escuelas Elementales: ***Martes de Equipos- Los estudiantes pueden usar vestimentas/accesorios de sus equipos favoritos para concentrarse en el trabajo en equipo/trabajar juntos para decirle no a decisiones no saludables.***

Escuela Intermedia: ***Día de pijamas – Ven con una pijama adecuada para la escuela para mostrar que tu no te duermes para decirle NO a las drogas, al alcohol y al tabaco***

Miércoles, 24 de Octubre - Día de Vestirse de Rojo.

Todos deben vestirse de rojo. Este día se observa a nivel nacional y nos unirá a otros celebrando la Semana de la cinta roja en todo el país.

Jueves, 25 de Octubre

Escuelas Elementales: ***Usa tu Cabeza: Toma Decisiones Sanas – Pelo o Sombrero Chistoso.***

Escuela Intermedia: ***Día desajustado: usa colores y patrones locos que no combinen para mostrar cómo las drogas, el alcohol y el tabaco no se ajustan a tus metas y sueños.***

Viernes, 26 de Octubre

Escuelas Elementales: ***Viernes Fluorescente - usa tu ropa/accesorios más brillantes de color neón para mostrar que tu tomas decisiones brillantes diciéndole no a las drogas, el alcohol y el tabaco.***

Escuela Intermedia: ***Día de aficionados: apoya a tu equipo deportivo favorito, artista musical u otra afición para demostrar que tomar decisiones saludables puede ayudarte a convertirte en una superestrella.***

¡Juntos Podemos Marcar la Diferencia!

MUSIC MATTERS

LaGrange School District 105 Music Department Newsletter For the week of October 15 - 19

NEWS/REHEARSALS THIS WEEK

BAND

Monday: Rehearsals: Concert Band 7:20 am, Cadet Band 3 pm; Lessons: Ideal/Spring

- **First Cadet Band rehearsal after school!**

Tuesday: Rehearsals: Symphonic Band 7:20 am; Lessons: Hodgkins/7th Ave./Gurrie

Wednesday: Rehearsal: Concert Band 7:20 am; Lessons: 7th Ave.

Thursday: Rehearsal: Symphonic Band 7:20 am, 3:00 Jazz Band 3 pm, GMS Jazz Ensemble 5:45 pm; Lessons: Spring/Gurrie.

Friday: Rehearsal: Concert Band 7:20 am; Lessons: Spring/Ideal

ORCHESTRA

Monday: Rehearsal: Philharmonic 7:20am; Lessons: Gurrie

Tuesday: Rehearsal: Chamber 7:20 am; Lessons: Spring

Wednesday: Rehearsal: Symphony 7:20 am; Lessons: Ideal

Thursday: Rehearsal: Chamber 7:20 am; Lessons: 7th Ave./Hodgkins

Friday: Rehearsal: Symphony 7:20 am; Lessons: Seventh Ave.

Cadet Band Rehearsal After School

On Monday, October 15th, the Cadet Band members will be having their first after-school rehearsal in the band room at Gurrie! This is a fantastic chance for the students to start to learn important ensemble skills, and for the whole group to start making music as a team. Buses will be provided from Hodgkins, Ideal, and Seventh Avenue schools for all students, and will taking any students home who indicated on the bus forms they will be needing the bus. Please make sure your student has their instrument, music and a pencil on all Mondays in addition to their in-school lesson day. Thank you!

D105 Performing Arts Fundraiser

Students will be receiving information about the D105 Fine Arts Fundraiser during their before or after school rehearsals during the week of October 15th - 19th. This is an exciting opportunity for students to support the performing arts in D105, as well as earning fun prizes! Please contact your director with any questions or concerns.

Uniforms, Dues and Fees

Forms for the district uniform policy, as well as the dues and fees for all performing ensembles have been distributed to students this past week. Please make sure to turn these in to the front office of your student's school as soon as possible. Thank you!

West Suburban Symphony Field Trip

The Philharmonic and Chamber Orchestras will be invited to watch a professional orchestra later this month. Permission slips will be coming home Monday and Tuesday. Return deadlines will be strict so please read and return promptly!

Dates to Remember

- 10/15 - First Cadet Band After School Rehearsal
- 10/15-10/31 - D105 Performing Arts Fundraiser
- 10/23 - West Suburban Symphony Field Trip (Philharmonic and Chamber Orchestra)
- 10/30 - LTHS 8th Grade Orchestra Festival

NOTICIAS MUSICALES

Departamento de Música Distrito Escolar La Grange 105 Boletín Para la semana del 15 al 19 de Octubre

NOTICIAS/ENSAYOS ESTA SEMANA

BANDA

- Lunes:** Ensayos: Banda de Conciertos 7:20 am, Banda Cadet 3 pm; Lecciones: Ideal/Spring
- **¡Primer ensayo Banda Cadet después de la escuela!**
- Martes:** Ensayos: Banda Sinfónica 7:20 am;
Lecciones: Hodgkins/7th Ave./Gurrie
- Miércoles:** Ensayo: Banda de Concierto 7:20 am;
Lecciones: 7th Ave.
- Jueves:** Ensayo: Banda Sinfónica 7:20 am, 3:00
Banda Jazz 3 pm, GMS Conjunto Jazz 5:45 pm;
Lecciones: Spring/Gurrie.
- Viernes:** Ensayo: Banda de Concierto 7:20 am;
Lecciones: Spring/Ideal

ORQUESTA

- Lunes:** Ensayo: Filarmónica 7:20am;
Lecciones : Gurrie
- Martes:** Ensayo: Cámara 7:20 am; Lecciones: Spring
- Miércoles:** Ensayo: Sinfónica 7:20 am; Lecciones: Ideal
- Jueves:** Ensayo: Cámara 7:20 am;
Lecciones: 7th Ave./Hodgkins
- Viernes:** Ensayo: Sinfónica 7:20 am;
Lecciones: Evento Ave.

Ensayo Banda Cadet después de la Escuela

El Lunes, 15 de octubre, los miembros de la Banda Cadet tendrán su primer ensayo después de la escuela en el Salón de la Banda en Gurrie! Esta es una oportunidad fantástica para que los estudiantes empiecen a aprender habilidades importantes, y para todo el grupo para empezar a hacer música como un equipo. Se proveerán camiones desde las escuelas Hodgkins, Ideal, y la Seventh Avenue para todos los estudiantes, y llevaran a cualquier estudiante a casa que haya indicado en el formulario para el camión que lo necesitaran. Por favor asegúrense de que su estudiante tenga su instrumento, musical y un lápiz todos los lunes en adición a sus lecciones del día en la escuela. ¡Gracias!

Recaudación de Fondos para Artes Escénicas del D105

Los estudiantes recibirán información sobre la recaudación de fondos para las Artes Escénicas del D105 durante sus ensayos antes o después de la escuela en la semana del 15 al 19 de octubre. ¡Esta es un oportunidad emocionante para que los estudiantes apoyen las Artes Escénicas del D105, y también para ganar premios divertidos! Por favor contacte a su Director con cualquier pregunta y preocupación.

Uniformes, Costos y Cuotas

Las formas del distrito para la política de uniformes, como también la de los Costos y Cuotas para todos los conjuntos que actúan han sido distribuidas a los estudiantes en la semana pasada. Favor asegurarse de devolverlas a la oficina central de la escuela de su estudiante tan pronto como sea posible. ¡Gracias!

Paseo a la Sinfónica "West Suburban"

Las orquesta Filarmónica y de Cámara serán invitadas a ver una orquesta profesional más tarde este mes. Las Notas de Permiso llegarán a casa el lunes y martes. ¡El vencimiento será estricto así que por favor léanlas y devuélvanlas con prontitud!

Fechas para Recordar

- 10/15 – Primer ensayo de la Banda Cadet después de la escuela
- 10/15-10/31 - D105 Performing Arts Fundraiser
- 10/23 - West Suburban Symphony Field Trip (Philharmonic and Chamber Orchestra)
- 10/30 - LTHS 8th Grade Orchestra Festival

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Parent / Guardian Permission/Waiver for Participation in Athletic Tryouts

I give my son/daughter _____ permission to participate in tryout sessions at Gurrie Middle School. I understand that should he/she be chosen for the team, a current (less than one-year-old, preferably the current school year) physician's examination valid through _____ must be obtained and be on file with your student to participate in this sport (including practices). Physician examination forms are valid for 395 days.

I am assuming responsibility for the physical health and ability of the above-named student to participate in tryouts. I waive any and all claims, charges, actions, lawsuits, liabilities, costs and expenses that may arise out of my son/daughter participating in tryout sessions at Gurrie Middle School without having submitted a current valid physician examination to the school district.

This form, signed by a parent or guardian is a requirement for a student to try out for all athletic programs at Gurrie without a current physical on file.

Parent/Guardian Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

****If your child already has a physical on file that is less than one calendar year old or from the current school year, then you do not need to return this waiver. ****

-ATHLETIC PERMIT FORM-

***A physical exam is required for tryouts and participation in all athletic related activities.

Name: _____ Grade _____ has been examined
on _____. (PLEASE DATE!)

He/she can participate in extracurricular sports activities as noted. On the basis of the examination on this day, I approve this child's participation in interscholastic sports for 395 days from this date.

_____ Full Participation _____ Limited Participation _____ No Participation

M.D. Signature _____ Phone # _____

Comments: _____

EMERGENCY INFORMATION

To be completed by Parent

Mother's name	Business #	Home/Cell#
Father's name	Business #	Home/Cell#
Physician	Address	Phone#
Hospital	Address	Phone#

I give parental permission to the school to allow my child to participate in the extra-curricular athletic programs at Gurrie Middle School. In the event of an emergency situation, when neither my spouse nor I can be contacted, I authorize the school administration to take emergency action as may be deemed necessary. The school district has purchased a Student Accident insurance program that covers your child for injuries incurred while participating in school sponsored and supervised activities including sports. Finally, I give my permission for him/her to ride the bus to and from school sports activities.

Signature of parent/guardian _____

7:305 Student Athlete Concussions and Head Injuries

The Superintendent or designee shall develop and implement a program to manage concussions and head injuries suffered by students. The program shall:

1. Fully implement the Youth Sports Concussion Safety Act, that provides, without limitation, each of the following:
 - a. The Board must appoint or approve member(s) of a Concussion Oversight Team for the District.
 - b. The Concussion Oversight Team shall establish each of the following based on peer-reviewed scientific evidence consistent with guidelines from the Centers for Disease Control and Prevention:
 - i. A return-to-play protocol governing a student's return to interscholastic athletics practice or competition following a force of impact believed to have caused a concussion. The Superintendent or designee shall supervise an athletic trainer or other person responsible for compliance with the return-to-play protocol.
 - ii. A return-to-learn protocol governing a student's return to the classroom following a force of impact believed to have caused a concussion. The Superintendent or designee shall supervise the person responsible for compliance with the return-to-learn protocol.
 - c. Each student and the student's parent/guardian shall be required to sign a concussion information receipt form each school year before participating in an interscholastic athletic activity.
 - d. A student shall be removed from an interscholastic athletic practice or competition immediately if any of the following individuals believes that the student sustained a concussion during the practice and/or competition: a coach, a physician, a game official, an athletic trainer, the student's parent/guardian, the student, or any other person deemed appropriate under the return-to-play protocol.
 - e. A student who was removed from interscholastic athletic practice or competition shall be allowed to return only after all statutory prerequisites are completed, including without limitation, the return-to-play and return-to-learn protocols developed by the Concussion Oversight Team. An athletic team coach or assistant coach may not authorize a student's return-to-play or return-to-learn.
 - f. The following individuals must complete concussion training as specified in the Youth Sports Concussion Safety Act: all coaches or assistant coaches (whether volunteer or a district employee) of interscholastic athletic activities; nurses, licensed healthcare professionals or non-licensed healthcare professionals who serve on the Concussion Oversight Team (whether or not they serve on a volunteer basis); athletic trainers; game officials of interscholastic athletic activities; and physicians who serve on the Concussion Oversight Team.
 - g. The Board shall approve school-specific emergency action plans for interscholastic athletic activities to address the serious injuries and acute medical conditions in which a student's condition may deteriorate rapidly.
2. Comply with the concussion protocols, policies, and by-laws of the Illinois High School Association, including its *Protocol for Implementation of NFHS Sports Playing Rules for Concussion*, which includes its *Return to Play (RTP) Policy*. These specifically require that:
 - a. A student athlete who exhibits signs, symptoms, or behaviors consistent with a concussion in a practice or game shall be removed from participation or competition at that time.
 - b. A student athlete who has been removed from an interscholastic contest for a possible concussion or head injury may not return to that contest unless cleared to do so by a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer.
 - c. If not cleared to return to that contest, a student athlete may not return to play or practice until the student athlete has provided his or her school with written clearance from a physician licensed to practice medicine in all its branches in Illinois, advanced practice registered nurse, physician assistant or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois.
3. Require all student athletes to view the Illinois High School Association's video about concussions.
4. Inform student athletes and their parents/guardians about this policy in the *Agreement to Participate* or other written instrument that a student athlete and his or her parent/guardian must sign before the student is allowed to participate in a practice or interscholastic competition.
5. Provide coaches and student athletes and their parents/guardians with educational materials from the Illinois High School Association regarding the nature and risk of concussions and head injuries, including the risks inherent in continuing to play after a concussion or head injury.
6. Include a requirement for staff members to notify the parent/guardian of a student who exhibits symptoms consistent with that of a concussion.

LEGAL REF.:

105 LCS 5/22-80.

105 LCS 25/1.15.

CROSS REF.: 4:170 (Safety), 5:100 (Staff Development Program), 7:300 (Extracurricular Athletics)

ADOPTED: February 26, 2018

I have read and understand all of the above regarding student athlete concussions and head injury policies, protocols and by-laws.

Parent Signature: _____ Date: _____

LaGrange School District 105

PARENT SERIES

School District 105 is offering a series of three **Parent Workshops** during the 2018-2019 school year. We are happy to have Patrick Donohue share his expertise at the first workshop. Please see the information below. We hope to see you there.

When: OCTOBER 25, 2018, 6:30 p.m. - 7:30 p.m.

Where: Seventh Avenue School, 701 S. Seventh Ave., LaGrange

To RSVP, email Peggy King at: pking@d105.net

Creating Success: 5 Things Great Students & Parents Do



Patrick E. Donohue

- Speaker on Grit and the Growth Mindset
- Author *Red Zone Fathering*
- Certified Life Coach
- 24 year high school teacher, coach, administrator
- Expert on peak athletic performance
- www.donohuelifecoaching.com

Come learn the 5 key messages that can unlock the potential in your teen and help you develop the type of relationship with your son/daughter that is positive and full of energy. **Yes, it is possible!**

Even in our frenetic world of facebook, twitter, snap chat and instragram, young people still desire the same things they always have. They want to be significant, cared about and secure. As parents, when we deliver consistently growth-oriented messages, our children will thrive and develop grit in a world that is sorely lacking it.

What others are saying about Patrick Donohue...

"Pat Donohue's passion, preparation and energy set him apart as a presenter. He projects confidence, demonstrates a deep knowledge base, and crafts a clear, memorable message. One of his greatest strengths is his use of humor to hook and connect with his audience, winning their trust, inviting them to engage, and then challenging them to action: to think, to speak, to believe. You won't find a more genuine, transparent, or engaging speaker who literally embodies the message, bringing it to life in a way that leaves everyone encouraged and empowered." -Heather Treadway, Founder Dream Chicago

"Pat is an excellent presenter. His workshops are content rich, highly interactive and fun! Using written materials, inspiring videos and real life stories, Pat connects with his participants right where they are and then gives them the encouragement and the practical tools they need to forge ahead in their dreams."
Michelle Kus, writer

Distrito Escolar 105 de La Grange

SERIES PARA LOS PADRES

El Distrito Escolar 105 está ofreciendo una serie de tres **Talleres para Padres** durante el año escolar 2018-2019. Estamos felices porque tendremos a Patrick Donohue compartiendo su experiencia en el primer taller. Vean la información aquí abajo. Esperamos verlos allá.

Cuando: El 25 de OCTUBRE del 2018, de 6:30 p.m. a 7:30 p.m.

Donde: Escuela Seventh Avenue, 701 S. Seventh Ave., LaGrange

Para RESERVAR, envíe un correo electrónico a email Peggy King a: pking@d105.net

Creando Éxito: 5 Cosas que Grandes Estudiantes y Padres Hacen



Patrick E. Donohue

- Orador en "Speaker Grit and the Growth Mindset" (Determinación y el Crecimiento Mental)
- Autor de "Red Zone Fathering" (Paternidad en la Zona Roja)
- Entrenador Certificado de la Vida
- 24 años como Maestro de Escuela Superior, entrenador, administrador
- Experto en atletismo
- www.donohuelifecoaching.com

Vengan y aprendan los 5 mensajes principales que pueden "abrir" el potencial en sus hijos y ayudarles a desarrollar el tipo de relación padre/hijo/hija que es positiva y llena de energía. ¡Si, esto es posible!

Aun en el frenético mundo de Facebook, twitter, Snapchat e Instagram, los jóvenes desean las mismas cosas que siempre han tenido. Ellos desean ser importantes, que se preocupen por ellos y estar seguros. Como padres, cuando entregamos consistentemente mensajes orientados al crecimiento, nuestros niños prosperaran y desarrollaran determinación en un mundo en el que tristemente no hay.

Lo que otros están diciendo sobre Patrick Donohue...

"La pasión, la preparación y la energía de Pat Donohue lo hacen un gran orador. Él proyecta confianza, demuestra una base de conocimientos profunda, y elabora un mensaje claro, y memorable. Una de sus mayores fortalezas es su uso del humor para enganchar y conectar con su público, ganar su confianza, invitarlos a participar, y luego retarlos a la acción: pensar, hablar, creer. Usted no encontrará un orador más genuino, transparente o atractivo que literalmente encarna el mensaje, llevándolo a la vida de una manera que deja a todos alentados y con gran poder". – Heather Treadway, fundadora de "Dream Chicago"

"Pat es un excelente presentador. ¡Sus talleres son ricos en contenido, muy interactivo y divertido! Usando materiales escritos, videos inspiradores e historias de la vida real, Pat conecta con sus participantes justo donde están y luego les da el aliento y las herramientas prácticas que necesitan para avanzar en sus sueños". – Michelle KUS, escritora

Gurrie Middle School

Ed Hood, Principal

1001 South Spring Avenue
LaGrange, IL 60525-2798
(708) 482-2720

Gurrie Middle School: Empowering students to pursue their interests, talents and dreams.

Gurrie Middle School Student Council is sponsoring a Halloween Dance. It is for Gurrie Middle School students ONLY!! Costumes are encouraged, but need to be appropriate for our school setting. If you have any questions about the appropriateness of a costume, please talk with Mr. Hood or Mr. Alvarez prior to the evening of the dance.

WHEN: Friday, October 26th, 2018

WHERE: Gurrie Gymnasium

TIME: 7:00-9:00 P.M.

COST: \$5.00

ALL SCHOOL DANCE GUIDELINES / EXPECTATIONS

Tickets for the dance will be sold through Student Council *during lunch hours* on Wednesday, October 24th, Thursday, October 25th and Friday, October 26th. The cost of the ticket is \$5.00.

- **NO TICKETS WILL BE SOLD AT THE DOOR FRIDAY NIGHT.**
- A parent permission slip will be necessary to obtain a ticket.
- Students will only be admitted with a ticket.
- This dance is for Gurrie Middle School students only!!
- Transportation arrangements should be made prior to the dance. Students will be let out of the dance at 9:00 P.M. Please have your rides here no later than 9:00 P.M.
- Students will be permitted to leave their coats in the locker room.
- Pizza is included in the price of the ticket.
- Students not in attendance at Gurrie during the school day will not be permitted to attend the dance. Refunds will be given if the student is unable to attend due to illness, etc.
- All students are expected to conduct themselves in a proper manner, following dance expectations as follows:
 - food is to be eaten in cafeteria and foyer area only
 - no dangerous behavior (examples include, but are not limited to, tag, moshing, running)
 - no profanity (foul language)
 - treat everyone with respect
 - appropriate dancing
- Anyone not following these guidelines / expectations will be asked to call his or her parents to be picked up immediately.
- Students who will find it necessary to leave the dance early should bring a note to Mr. Hood before Friday night.
- If you lose your ticket, you will need to purchase a new one. No replacement will be issued.
- If a student purchases a ticket and is not eligible for the dance based on academic or behavioral concerns then a full refund will be given.

If you have any questions, please call the school office at 708-482-2720.

Sincerely,

Ed Hood
Principal

Gurrie Middle School: "Be Respectful, Be Ready, Be Safe."

Escuela Intermedia Gurrie

Ed Hood, Director

1001 South Spring Avenue
LaGrange, IL 60525-2798
(708) 482-2720

Escuela Intermedia Gurrie: Empoderando estudiantes a perseguir sus intereses, talentos y sueños.

El Consejo Estudiantil de la Escuela Intermedia Gurrie está patrocinando un Baile del invierno. Es únicamente para estudiantes de la escuela Intermedia Gurrie! Si tiene alguna pregunta sobre lo adecuado de un disfraz, por favor hable con el Sr. Hood o el Sr. Álvarez antes de la noche del baile. Si usted tiene dificultades económicas para pagar esta entrada por favor contacte al Sr. Alvarez.

CUÁNDO: Viernes, 26 de octubre, 2018

DÓNDE: Gimnasio de Gurrie

HORA: 7:00-9:00 P.M.

COSTO: \$5.00

TODAS LAS NORMAS / EXPECTATIVAS PARA BAILES ESCOLARES

Los boletos para el baile se venderán a través del Consejo Estudiantil **durante las horas de almuerzo** el miércoles 21 de febrero, jueves 22 de febrero y viernes 23 de febrero. El costo del boleto es de \$ 5.00.

- **NO SE VENDERÁN BOLETOS A LA ENTRADA EL VIERNES EN LA NOCHE.**
- Es necesario tener el formulario de permiso del padre para poder comprar el boleto.
- Los estudiantes únicamente podrán entrar si tienen un boleto.
- Este baile es para estudiantes de la Escuela Intermedia Gurrie ¡únicamente!
- Deben hacerse arreglos de transporte antes del baile. Los estudiantes saldrán del baile a las 9:00 P.M. Por favor hagan que la persona que los vaya a recoger esté aquí antes de las 9:00 P.M.
- Se les permitirá a los estudiantes dejar sus abrigos en el vestuario.
- El precio del boleto incluye pizza.
- No se les permitirá participar en el baile a los estudiantes que no vengan a clases durante ese día escolar. Se devolverá el costo del boleto si el estudiante no puede asistir debido a una enfermedad, etc.
- Se espera que todos los estudiantes se comporten de manera apropiada, siguiendo las expectativas para el baile a continuación:
 - La comida debe comerse únicamente en la cafetería y en el área del vestíbulo.
 - No comportamientos peligrosos (ejemplos incluyen, pero no están limitados a: jugar a pillar, alborotos / disturbios, correr)
 - No groserías (lenguaje obsceno)
 - Deben tratarse a todos con respeto
 - Bailes apropiados únicamente
- Se le pedirá a cualquier estudiante que no siga estas normas / expectativas, que llame a sus padres para que lo recojan de inmediato.
- Los estudiantes que tengan que salir del baile temprano, deben traer una nota al Sr. Hood antes de la noche del viernes.
- Si pierdes tu boleto, deberás comprar otro. No se entregarán remplazos.
- Si un estudiante compra un boleto y no es elegible para el baile debido a preocupaciones académicas o de comportamiento, se le devolverá el costo del boleto completo.

Si tiene cualquier pregunta, por favor llame a la oficina de la escuela al 708-482-2720.

Sinceramente,

Ed Hood
Director



Forest Road School Presents the

31st Annual

USED TOY SALE

A PTO FUND RAISING EVENT

OCTOBER 20 2018
8:00AM TO 1:00PM
901 FOREST ROAD
LAGRANGE PARK

TOYS, SPORTS GEAR
BIKES, BOOKS,
VIDEO GAMES &
MORE!

We sell for you,
you keep 60%!

Shop the Pre-Sale!

See the back
for more information!



Like us on Facebook
Forest Road Toy Sale



Reduce. Reuse. Retoy

LaGrange Area Historical Society



Spooky Storytime

*Come learn how
Halloween was celebrated
throughout history! Snack
on ghostly treats and enjoy
interactive spooky stories
and games! Each child will
also receive a treat bag to
take home.*



Tuesday and Thursday Evenings

10/23 • 10/25 • 10/30

6:00 to 7:00



Visit
LaGrangeHistory.org
to register!

Park District of La Grange

HALLOWEEN PARTY



Bike Raffle!

Friday, Oct. 26
6:00-8:00pm
Recreation Center
(536 East Ave., La Grange)

FREE Family
Event!



Games! Candy!
Safety Room! Crafts!
Entertainment

Your Spooky Destination!

708-352-1762

WWW.PDLG.ORG

Sponsored by:



MAKE IT A NIGHT SHE WON'T FORGET...



presents

THE 2018

Daddy Daughter Dance

6:00PM-8:00PM
FRIDAY, NOV. 16TH
4 YEARS & OLDER
THE DESITTER ROOM
536 EAST AVE. LA GRANGE

**Registration Deadline
is November 9th!**

Put on your best evening wear for a fun winter wonderland night with your little princess. You will enjoy your special evening with dinner, snacks and dancing. This will be a night you both will remember.

Each couple will receive a free photo.

708.352.1762
www.pdlg.org

\$46/R, \$60/NR, \$51/NN*
*EACH ADDITIONAL CHILD IS \$20
PROGRAM CODE #341005-01