

MUSIC MATTERS

LaGrange School District 105 Music Department Newsletter For the week of October 28 - November 1

REHEARSALS/LESSONS THIS WEEK

BAND

- Monday:** Rehearsal (7:20-8:05): Concert Band
Lessons: Ideal and Spring(Tabor)
Ideal (Schwenker)
- Tuesday:** Rehearsal (3:05-4:05): Cadet Band
Rehearsal (7:20-8:05): Symphonic Band
Lessons: Seventh Ave (Schwenker),
Hodgkins (Schwenker), Gurrie (Tabor)
- Wednesday:** Rehearsal (7:20-8:05): Concert Band
Lessons: Seventh Ave (Tabor)
- Thursday:** Rehearsal (7:20-8:05): Symphonic
Band;
Rehearsal (3:05-4:05) 3 O'Clock Jazz
Band
Rehearsal (5:45-7:45) GMS Jazz
Ensemble
Lessons: Spring(Schwenker) and
Gurrie (Tabor)
- Friday:** Rehearsal (7:20-8:05): Concert Band
Lessons: Seventh Ave and Spring
(Tabor)

ORCHESTRA

- Monday:** Rehearsal (7:20-8:05): Philharmonic
Lessons: Seventh Ave (Valdez) and
Gurrie
- Tuesday:** Rehearsal (7:20-8:05): Chamber
Lessons: Spring Ave
- Wednesday:** Rehearsal (7:20-8:05): Symphony
Lessons: Ideal School
- Thursday:** Rehearsal (7:20-8:05): Chamber
Lessons: Seventh Ave (Guilfoyle) and
Hodgkins
- Friday:** Rehearsal (7:20-8:05): Symphony
Lessons: Gurrie

Dates to Remember

- 10/29 LTHS 8th Grade Orchestra Festival
- 11/9- Junior Band Fest (selected students)
Joliet Township High School
- 11/12- LTHS 8th- Grade Band Day
- 11/16- ILMEA Jazz Fest (selected students)
Oak Lawn High School

ANNOUNCEMENTS

LTHS 8th Gr. Orchestra Festival

The festival is on Tuesday. It will be a great day of music making!

Fine Arts Fundraiser coming

Our fundraiser has begun! Please participate and fill out forms carefully and legibly. Our music programs and MPA thank you!

LTHS 8th-Grade Band Day

8th-Grade Band students have been given a permission slip and should be handed back into Mr. Tabor as soon as possible!

This is a fun event and it is highly recommended that all students attend both the in- school trip to LTHS and the evening concert.

NOTICIAS MUSICALES

Boletín del Departamento de Música Distrito Escolar 105 de LaGrange
Para la Semana del 28 de Octubre al 1 de Noviembre

ENSAYOS/LECCIONES ESTA SEMANA

BANDA

- Lunes:** Ensayo (7:20-8:05): Banda de Concierto
Lecciones: Ideal and Spring(Tabor)
Ideal (Schwenker)
- Martes:** Ensayo (3:05-4:05): Banda Cadet
Ensayo (7:20-8:05): Banda Sinfónica
Lecciones: Seventh Ave (Schwenker),
Hodgkins (Schwenker), Gurrie (Tabor)
- Miércoles:** Ensayo (7:20-8:05): Banda de Concierto
Lecciones: Seventh Ave (Tabor)
- Jueves:** Ensayo (7:20-8:05): Banda Sinfónica;
Ensayo (3:05-4:05) Banda Jazz 3 O'Clock
Ensayo (5:45-7:45) Conjunto Jazz GMS
Lecciones: Spring(Schwenker) and
Gurrie (Tabor)
- Viernes:** Ensayo (7:20-8:05): Banda de Concierto
Lecciones: Seventh Ave and Spring
(Tabor)

ORQUESTA

- Lunes:** Ensayo (7:20-8:05): Filarmonica
Lecciones: Seventh Ave (Valdez) y Gurrie
- Martes:** Ensayo (7:20-8:05): Camara
Lecciones: Spring Ave
- Miércoles:** Ensayo (7:20-8:05): Sinfonia
Lecciones: Ideal School
- Jueves:** Ensayo (7:20-8:05): Camara
Lecciones: Seventh Ave (Guilfoyle) y
Hodgkins
- Viernes:** Ensayo (7:20-8:05): Sinfonia
Lecciones: Gurrie

Fechas para Recordar

- **10/29 Festival Orquesta LTHS 8º Grado**
- 11/9- Fest Banda Junior (estudiantes seleccionados) Joliet Township High School
- 11/12- Dia de la Banda de 8º Grado LTHS
- 11/16- Fest Jazz ILMEA (estudiantes seleccionados) Oak Lawn High School

ANUNCIOS

Festival Orquesta LTHS 8º Gr.

El festival es el Martes. Será un gran día para hacer música!

Viene el Levantamiento de Fondos para las Finas Artes

Nuestra recaudación de fondos ha empezado! Por favor participe y llene las formas cuidadosamente y legibles. Nuestros programas de música y MPA les dan las Gracias!

Día de la Banda del LTHS 8º-Grado

Los estudiantes de la Banda del 8º Grado han recibido una nota de permiso y deben devolverla al Sr. Tabor tan pronto como sea posible! Este es un evento divertido y se recomienda altamente que todos los estudiantes asistan a los dos el paseo de la escuela al LTHS y al concierto en la noche.

Red Ribbon Week 2019: Life Is Your Journey, Travel Drug Free.

Dear Parents,

Through the Red Ribbon campaign, we hope to raise awareness of good decision making, the negative effects of alcohol and drug use, and to encourage children to make the choice to be drug-free. This theme of Red Ribbon Week this year is ***Life Is Your Journey, Travel Drug Free.*** Activities have been developed by Teamwork 105 to be carried out during the week of October 21 in all District 105 schools.

Monday, October 21

Each school will display their drug free school banner.

All students will receive a Red Ribbon Week pencil.

Our Pre-Kindergarten, Kindergarten, and First Graders will receive a Drug Free sticker/ribbon each day of the week.

All Schools: *Tigers, Lions, Bulldogs, Eagles, and Panthers Say No to Unhealthy Choices.*

Wear your school's spirit wear or your school's colors.

Tuesday, October 22

Each classroom will receive a large red ribbon that will be signed by students and teachers and displayed outdoors.

All Schools: *Pajama Day: Wake Up to Healthy Choices.* Wear your school appropriate PJs to show that you don't sleep on saying NO to drugs, alcohol, and tobacco.

Wednesday, October 23 *Wear Red Day.*

All Schools: Everyone should wear red. This day is observed nationally and will unite us with others observing Red Ribbon Week across the nation.

Thursday, October 24

Elementary Buildings: *Use Your Head: Make Healthy Choices – Silly hair or hat day.*

Middle School: *Clash Day! Vaping clashes with your future! - Wear clothing that "clashes" or is mismatched. .*

Friday, October 25

All Schools: *Superhero Day: Join the Fight Against Drugs - Dress like a superhero.*

Together We Can Make a Difference!



La *Semana del Listón Rojo* es del 23 al 31 de octubre

Celebre la Semana del Listón Rojo en su comunidad o en la escuela de su hijo. Aproveche la oportunidad de hablar con sus hijos sobre las drogas.

La ***Coalición por un Municipio de Lyons Libre de Drogas*** está organizando una serie de cafés para padres en el mes de octubre.

Planee asistir al Café para Padres "NO ES MI HIJO" en su escuela. El alcohol sigue siendo la droga # 1 utilizada por los adolescentes seguidos de la marihuana.

¿Qué es lo último en la crisis de vapeo adolescente? Ver folleto adjunto para más detalles.

* ¿Piensa que su hijo es demasiado joven para conversar sobre el consumo de alcohol entre menores?



* Es posible que no esté seguro de qué decir y su hijo podría intentar esquivar la conversación. Para comenzar la discusión, elija un momento en que ambos estén relajados. No te preocupes por cubrir todo. Si habla con frecuencia, podría tener un mayor impacto en su hijo adolescente que si habla solo una vez.

* "Mi hijo usa drogas o bebe alcohol: ¿qué debo hacer?"

* "Tengo miedo de lo que pueda encontrar en su habitación" [explora la sala interactiva para adolescentes "Oculto a simple vista" para exponer para aprender dónde mirar y qué buscar en una habitación para adolescentes]

* Los padres a menudo se preguntan dónde trazar la línea con privacidad cuando un adolescente puede estar usando sustancias. Recuerda que esta es tu casa. La privacidad es un privilegio.



COALITION FOR A DRUG-FREE LYONS TOWNSHIP

PARENT EDUCATION SERIES 2019-2020

OCTOBER: "NOT MY KID"

October 16 7-8:30 P.M. at Park
October 23 7-8:30 P.M. at Pleasantdale
October 24 7-8:30 P.M. at Gurrie
October 29 7-8:30 P.M. at McClure
October 30 7-8:30 P.M. at Highlands

- Transitions
- Building resilience
- Parent communication strategies
- Insights into topics relevant to parenting teens, dealing with teen stress, and your teen's exposure to alcohol and drugs
- *Parents are as susceptible to peer pressure as teens when it comes to community norms about drinking or drug abuse*

NOVEMBER: "LEGAL MARIJUANA: NOW WHAT?"

November 6 7:30 P.M. at LTHS South Campus

Presenter: Matt Quinn, licensed Clinical Professional Counselor, certified alcohol and drug Counselor in Illinois
-Counseling adolescents and adults for 15 years

-Bachelor's in Psychology at University of Notre Dame, Master's in Clinical Psychology at the Illinois School of Professional Psychology

FEBRUARY: "DRUGS, ALCOHOL & THE TEEN BRAIN"

February 25 7:30 P.M. at LTHS South Campus

Presenter: Tammy Tunac (MA, LPC, CADC Behavioral Health Clinician)

- Understand why adolescent drug and alcohol use is dangerous
- Insight on the marijuana and vape's relation to mental health
- Understand signs to look for in your teen



#REALTALK



PARENT CAFÉ

“NOT MY KID”

7:00-8:30 PM

10/16 at Park
10/23 at Pleasantdale
10/24 at Gurrie
10/29 at Highlands
10/30 at McClure

Parents are as susceptible to peer pressure as their teens when it comes to following community norms relating to alcohol or drug use.

It's time for #REALTALK.

Gain insight into topics relevant to parenting and communicating with teens, how to deal with teen stress, and your teen's exposure to alcohol, marijuana and vaping. Build a resilient teen!

Hidden in Plain Sight Teen Bedroom Exhibit open 6:30-7 P.M. before the program as well as directly after.

 www.drugfreelyontownship.org

 www.facebook.com/coalitionforDFLT



Coalition for a Drug-Free Lyons Township
Together for Youth

BIG SALE

DISTRICT 105 7th ANNUAL RE-SALE DONATIONS REQUEST

District 105 is hosting a re-sale for all district 105 families!

Items to Donate: gently used clothing for children and adults,
Small household items, toys, games, and children's books.

PLEASE...

**NO SHOES, ELECTRONICS, ITEMS WITH MISSING PARTS OR
BROKEN/DAMAGED ITEMS**

Please send donations to your child's school by November 18th.

The re-sale will be 9 am- 12 pm on
Saturday, November 23rd in the Ideal School Gym.

Watch for the flyer!



Contact your school social worker if you have any questions

GRAN REMATE

SÉPTIMO RE-VENTA ANUAL del DISTRITO 105 NECESITAMOS DONACIONES

Distrito 105 está organizando una re-venta
para todas las familias del Distrito 105!

Artículos que necesitamos:

**ropa para niños, abrigos, juguetes y libros,
ropa de adultos, abrigos y artículos para el hogar**

Por favor de mandar sus donaciones antes del 18 de Noviembre.

Cuando: Sábado, 23 de Noviembre, 9 a.m.-12 p.m.

**Dónde: Gimnasio de la Escuela Ideal
9901 W. 58th Street, Countryside, IL 60525**



Contacte la trabajadora social de su hijo si tiene alguna pregunta.

LIONS AGE GROUP WRESTLING PROGRAM

- PROGRAM:** **Lions Wrestling Club** is a program for elementary and middle school students that stress the fun and fundamentals of wrestling. The program also introduces competition with other clubs and provides a training site and complete schedule for the more experienced wrestlers. The program will run from November 12, 2019 through February 28, 2020. Additional information is on our website: www.LTHS.net/LWC
- AGES:** Kids in 2nd through 8th grade living in the LYONS TOWNSHIP SCHOOL DISTRICT.
- REGISTRATION:** **6pm to 7pm on Mon. 11/4, Tues. 11/5, and Thurs. 11/7** in the Vaughan Gym lobby of North Campus.
- IMPORTANT NOTE:** **ALL first time REGISTRANTS MUST PROVIDE A PHOTOCOPY OF THEIR BIRTH CERTIFICATE AT THE TIME OF REGISTRATION.**
- PARENT MEETING:** We will have a parent meeting on **Tues. 11/12 at 6pm** before the first practice.
- PRACTICES:** Beginning **Thurs. 11/12 at 6pm**, practices will be in the Vaughan Gym of the North Campus of Lyons Township High School. The **Development** group will generally meet on Tues. and Thurs. nights from 6–7:30pm and the **Competition** group will meet Tues., Wed., and Thurs. from 6–7:30pm. A practice schedule and competition calendar will be passed out the first night and available on our website.
- UNIFORM:** Socks, tee shirt, elastic waist shorts, and wrestling shoes or gym shoes.
- COST:** **Development Group** is \$200, \$150 for each additional family member. This fee includes a tee shirt and IKWF, USA wrestling membership (\$45). **Competition Group** is \$250, \$200 for each additional family member. This fee includes a tee shirt and USA membership (\$45). Checks are payable to **Lions WC**.
- COACHES:** Mark King, LT coaching staff and LT wrestlers.
- QUESTIONS:** Call Mark King at 708-935-5382

LIONS AGE GROUP WRESTLING REGISTRATION (Please Print)

Name _____ Age _____ Date of Birth _____ Grade _____

ADDRESS: _____

CITY: _____ ZIPCODE: _____ PHONE: _____

Email _____ Birth C. _____

TEE SHIRT SIZE:

YOUTH				ADULT				
S	M	L	XL	S	M	L	XL	XXL

PAYMENT:

CASH: _____ CHECK# _____ AMOUNT: _____

The above child named has my permission to participate in the Lions Age Group Wrestling Program. I certify that the participant has had a current physical and has no physical limitations that would prevent him from participating in wrestling and associated activities.

DATE _____ PARENT/GUARDIAN: _____



Spooky Storytime

10/22 • 10/29
6:30 to 7:30

Register at
LaGrangeHistory.org

Ages
3+

Come participate in spooky and silly Halloween stories, play games, have snacks, and learn about how Halloween has been celebrated throughout history!

This family friendly event is open to witches and warlocks ages 3 and up. All children must be accompanied by an adult (the adult chaperone does not need to register).

October 22nd and 29th 6:30 to 7:30pm.
The cost is \$15 for non-members and \$10 for members.

To register, visit www.lagrangehistory.org/programs-events/