

Gurrie Cross Country 2024  
August/September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Aug 29, 2024 First Team Practice <b>RUNNERS MUST HAVE PHYSICALS ON FILE</b>	Aug 30, 2024	Aug 31, 2024
Sep 2, 2024  Labor Day NO PRACTICE	Sep 3, 2024  <b>FIRST ALL-TEAM PRACTICE w/6th GRADERS 3:15-4:45pm</b> Parent Guardian Info Meeting 5-5:30 pm (Gurrie Cafeteria...Zoom available) <b>Uniform Distribution</b>	Sep 4, 2024  NO PRACTICE	Sep 5, 2024  <b>FIRST RACE @ Spring Rock Park (McClure &amp; Park)</b>  <b>Girls Race First (approximately 4:30)</b>	Sep 6, 2024  Team Practice 3:15-4:45  Recovery Day	Sep 7, 2024
Sep 9, 2024  Team Practice 3:15-4:45 Distance Day	Sep 10, 2024  Team Practice 3:15-4:45 Speed Day	Sep 11, 2024  NO PRACTICE	Sep 12, 2024  <b>Race @ Spring Rock (McClure, Wash., Highlands) Boys First</b>	Sep 13, 2024  Team Practice 3:15-4:45 Recovery Day	Sep 14, 2024

LTESAC Cross Country 2022  
September/October

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 16, 2024 Team Practice Distance Day	Sep 17, 2024 Team Practice Speed Day	Sep 18, 2024 NO PRACTICE	Sep 19, 2024 Race @ Pleasantdale (McClure, P-Dale, Highlands) Girls Race First	Sep 20, 2024 Team Practice Recovery Day	Sep 21, 2024 Troy (Shorewood) Invitational
Sep 23, 2024 Team Practice Distance Day	Sep 24, 2024 Team Practice Speed Day	Sep 25, 2024 NO PRACTICE	Sep 26, 2024 Race @ Pleasantdale (Willow, McClure, P-Dale) Boys Race First	Sep 27, 2024 Team Practice Recovery Day	Sep 28, 2024 Westview Hills Invitational (Central Park Bolingbrook)
Sep 30, 2024 Team Practice 3:15-4:45 Distance Day	Oct 1, 2024 Team Practice 3:15-4:45 Speed Day	Oct 2, 2024 NO PRACTICE	Oct 3, 2024 Race @ Cermak Woods (Washington, Willow) Girls Race First	Oct 4, 2024 Team Practice 3:15-4:45 Recovery Day	Oct 5, 2024 Channahon Invitational
Oct 7, 2024 Team Practice 3:15-4:45 pm	Oct 8, 2024 Team Practice 3:15-4:45 pm	Oct 9, 2024 NO PRACTICE	Oct 10, 2024 Team Practice	Oct 11, 2024 <b>NO SCHOOL (PLD)</b> IESA Runners Course Preview 3:15-5:30	Oct 12, 2024 IESA Sectional Championships @ Jane Adams (Bolingbrook)

Oct 14, 2024 Columbus/Indigenous	Oct 15, 2024 LT Conference Meet	Oct 16, 2024 Early Dismissal/NO	Oct 17, 2024 IESA Team Practice	Oct 18, 2024 PLD Day: No Practice	Oct 19, 2024 IESA State Finals
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Peoples Day NO SCHOOL	@ LT South Campus	PRACTICE	ONLY Uniform Turn-In (Gurrie Cafeteria) Washed, bagged, and labeled please!	IESA Course Preview 3-5:30 pm	Maxwell Park (Normal, IL)
Oct 21, 2024  NO PRACTICE P-T Conferences	Oct 22, 2024  Last Uniform Turn-In Day 3:15-4pm in Gurrie Cafeteria				