## **6th Grade Family Living**

## **Learning Goals**

As a result of instruction, students will:

- Understand the male and female reproductive systems (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand the female menstrual cycle (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand the birth process (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand basic adolescent changes (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Identify what gives the body its size and shape (Illinois School Code 105 ILCS 110/3; State Goal 23C)

## **Instructional Program**

Parent consent is required for participation in all aspects of the instructional program.

Sixth graders will attend the "Human Growth and Development" program at the Robert Crown Center for Health Education in Hinsdale, IL.

The "Human Growth and Development" program is designed especially for students who are entering adolescence; this program helps students understand the physical changes that occur with puberty. The male and female reproductive anatomy, the role of the pituitary gland during puberty, and the female menstrual cycle are discussed. Information on fertilization, fetal development, and the birth process is presented using slides and models.

At the request of a sixth grade teacher, District 105 Nurse Phyllis Bednarek will be available to meet with a class to answer questions about the presentations.