## 7th Grade Family Living

## **Learning Goals**

As a result of instruction, students will:

- Understand the male and female reproductive systems (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand the physical changes boys and girls experience during adolescence (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Develop a wholesome and comprehensive understanding of the emotional, psychological, physiological, hygienic, and social responsibility aspects of family life (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand the female menstrual cycle (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand the misconceptions of teen pregnancy (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand the importance of abstaining from sexual intercourse until marriage (Illinois School Code 105 ILCS 110/3; State Goal 24B)
- Understand that abstinence from sexual intercourse is the only protection that is 100% effective against unwanted teenage pregnancy, and Human Immunosuppressive Virus (HIV), when transmitted sexually. (Illinois School Code 105 ILCS 110/3; State Goal 24B)
- Understand the birth process (Illinois School Code 105 ILCS 110/3; State Goal 23C)

## **Instructional Program**

Parent consent is required for participation in all aspects of the instructional program.

Seventh graders attend the "Emotional and Social Growth and Development" program in April at the Robert Crown Center for Health Education in Hinsdale, IL

In this program, students review physical, emotional, social, and intellectual maturation. The reproductive system is reviewed. Embryology and labor and delivery are covered briefly. There is a strong emphasis on emotional and social growth with a discussion of acceptable and unacceptable behavior. HIV is defined and the various ways of acquiring the disease are presented.

The seventh grade program also includes a forty-five minute discussion and presentation by District 105 Nurse Phyllis Bednarek about the misconceptions of teen pregnancy.