## 8th Grade Family Living

## **Learning Goals**

As a result of instruction, students will:

- Understand the male and female reproductive systems (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand the physical changes boys and girls experience during adolescence (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Develop a wholesome and comprehensive understanding of the emotional, psychological, physiological, hygienic, and social responsibility aspects of family life (Illinois School Code 105 ILCS 110/3; State Goal 24B)
- Understand the female menstrual cycle (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand the possible emotional and psychological consequences of preadolescent and adolescent sexual intercourse outside of marriage and the consequences of unwanted pregnancy (Illinois School Code 105 ILCS 110/3; State Goal 24B)
- Understand the importance of abstaining from sexual intercourse until marriage (Illinois School Code 105 ILCS 110/3; State Goal 24B)
- Understand that abstinence from sexual intercourse is the only protection that is 100% effective against unwanted teenage pregnancy, sexually transmitted diseases, and Human Immunosuppressive Virus (HIV), when transmitted sexually (Illinois School Code 105 ILCS 110/3; State Goal 24B)
- Understand the signs and symptoms of sexually transmitted diseases (Illinois School Code 105 ILCS 110/3; State Goal 23C)
- Understand the birth process (Illinois School Code 105 ILCS 110/3; State Goal 23C)

## **Instructional Program**

Parent consent is required for participation in all aspects of the instructional program.

Eighth graders attend the "Adolescence – A Time for Decisions" program in April at the Robert Crown Center for Health Education in Hinsdale, IL

This program focuses on teen sexuality, relationships and consequences of sexual activity. Male and female reproductive systems are briefly reviewed and misinformation regarding the timing of conception and pregnancy is examined. The risks of teenage sexual activity, including unplanned pregnancy and sexually transmitted infections are discussed. The emotional and social changes occurring during adolescence are also explored, with an emphasis on what it means to be independent and how to make responsible choices. Abstinence is stressed.