Metacognition is "thinking about thinking."

Good readers listen to their inner voice so they can understand text. Before reading, you should preview the text and discover a reason to read. Think about ways to find important facts and gather information. During reading, you should check to make sure you are understanding the text. If you are having difficulty think about other strategies you can try. After reading, you should check to make sure you’ve found the information you needed and that you understood the text.

**BE METACOGNITIVE!**

- Become aware of your thinking as you read!
- Notice when you are distracted and get back on track!
- Use new strategies when the old ones aren’t working!
- Listen to the voice in your head and make sure the text makes sense!
- Notice when the text doesn’t make sense!
- Keep track of meaning!

**As you read, think about these questions:**
- What is my plan for reading this text?
- What do I do when I don’t understand what I’m reading?
- When I encounter a problem, what do I do?
- What information do I need?
- What problems might come up while I’m working and how might I handle them?
- What strategies will help me?
- What resources do I have?
- How long will the task take?
- Who can help me?
- What do I want to learn from this project?
- Is what I’m doing working?
- What don’t I understand about the task?
- How could I do this differently?
- Do I have to start over?
- Can I change how I’m working a little to be more effective?
- What am I learning?
- What can I do to learn more and better?
- Is this the best way to do this?