

A LION'S LIFE



Volume 12, Issue 5
April 23, 2020

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Ms. Calder,
Mr. Lawson,
Mrs. Wanta,
and Mrs. Tobin
during a
Morning Kick
Off Message.

WELCOME TO OUR VIRTUAL ISSUE

We welcome you to our first virtual issue of *A Lion's Life* newspaper. The Spring Avenue Newspaper Club, consisting of 4th-6th grade writers, worked virtually on this issue during the school closure caused by the COVID19 pandemic. Writing is an important way to share our creativity all year long, and we are especially excited to share this issue with you.

We will be publishing one more issue this year, and invite all Spring Avenue writers to submit writing for this issue. You don't have to be in Newspaper Club or in 4th-6th grades.

If you are interested in writing an article for our last newspaper, create a Google Doc and share it with Ms. Marek at jmarek@d105.net. Articles are due Tuesday, May 12 at 3:55pm.

HOW TO STAY SAFE DURING THE COVID19 PANDEMIC

By Payton M.

To stay safe during this COVID-19 pandemic be sure to take all proper precautions. To do this wash your hands before eating, after using the washroom, after going outside, and after touching packages or mail. Also, clean down the counter tops and door handles with disinfectant.

You should stay inside your house if you can and it will help to prevent the spread. Avoid big crowds and playing with friends (do this in a nice manner so you don't hurt their feelings). If you feel overwhelmed talk to a trusted adult to figure things out. If your

state issues a stay at home order, remember that you still have to do school work and it's not a free for all. Keep your friendships by texting online and FaceTiming. Be sure to do this with your family too.

To keep up with sports you should try to practice at home. If you have siblings, ask them to play with you. If they say no, try to compromise like he or she will play Legos with you and in return you do their chores for one day. These are some ways to stay safe during the COVID-19 pandemic.



SCHOOL NEWS

TEACHER'S FEARS



By Reese C., Emilee T., and Hannah F.

Mr. Jinx: Claustrophobia (being in a super small room)

Mr. Coffey: Spiders

Mr. Jacobs: Roller coasters (going upside down)

Ms. Keillor: Yellow Jacket wasp

Mrs. Podgorski: Falling off anything high up

Mrs. Manganello: Spiders

Ms. Kay: Spiders

Mr. Lawson: Big spiders

Mrs. Polich: Spiders, rocking on a big boat

Mrs. Musillami: A home robbery

Mrs. Bato: Airplanes and oceans

Mr. B: Car crash

Ms. Marek: Snakes

Mrs. Weiland: Speaking in front of a lot of people

Mr. Arneson: Drowning and spiders (he said he's fearless)

Mrs. Kiley: Spiders

Mrs. Motto: Heights

Mrs. Noga: Scorpions

Mrs. Demer: Flying in planes (specifically over bodies of water)

Ms. Brantner: Heights, looking from high places, and zip lining

Ms. Calder: Mice and snakes

Mrs. Jones: Speaking in front of a lot of people and slipping on ice

MY SISTER IS STUDENT OF THE YEAR

By Peter K.

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The School Citizen of the Year (SCOTY) Award recognizes students that have been chosen by their schools as "good school citizens and models for others to emulate."

Each school was asked to develop its own criteria as a further guideline for selection. Then, the school principal and teachers used this established criteria to nominate one student to receive the SCOTY Award.

While grades and activities are important considerations, they are only a small part of the selection process.

West 40 had approximately 80 out of the 152 schools in our region with submissions.

I am the brother of Sophia K. and she got student of the year. I knew long before they presented her in Morning Kickoff, and when it was the morning of the day of the announcement, she was nervous. My parents came to the school to see her even when she told them not to come. Then my parents told my sister Sarah to come down to see even when she was in Gurrie. (Sarah was happy because she got to skip P.E. which she doesn't like.)

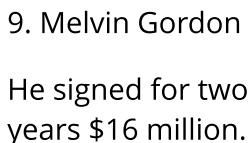
When they announced her to come up, she was so shy she stayed down and everyone clapped. When she finally got the courage to come up she was laughing and she looked at me (I was laughing), and I started laughing harder. I could tell she didn't like all the attention on her, which didn't surprise me if she was student of the year. That was my experience of her being student of the year.

TOP 10 FREE AGENCY TRADES

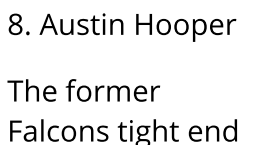
By Daniel K.



Recently the New Orleans Saints signed wide receiver Emmanuel Sanders for \$16 million for two years. This was a good addition because now the Saints will have a dynamic wide receiver duo with Michael Thomas and Emmanuel Sanders.



This was a good addition for the Broncos bringing in maybe a top 10 running back in the NFL. He will be paired with another great running back Phillip Lindsay and Royce Freeman.

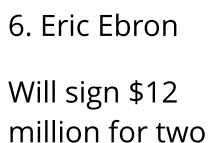


signed for four years at \$42 million. This was a good signing because David Njoku was going to play last year but he got injured and never played. So now that they signed a Pro Bowl tight end, the offense will be even better.

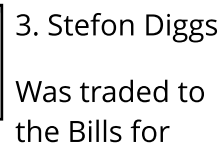
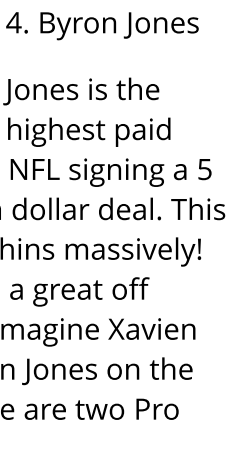
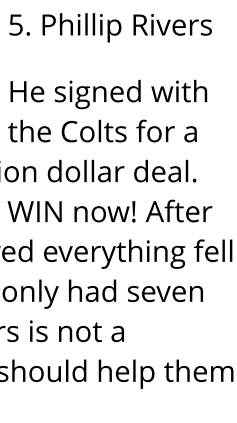


million. He was traded for a 4th round draft pick. After a tough year

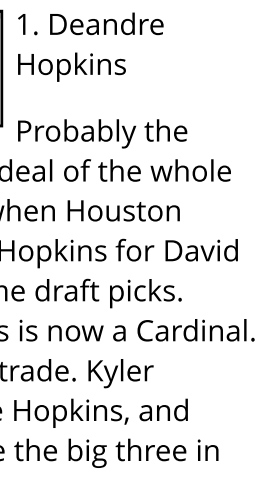
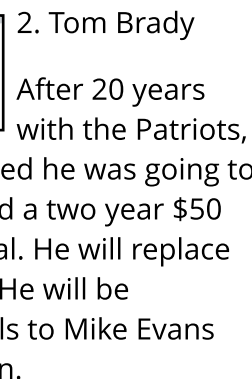
in Jacksonville, Foles was traded. This will help out Trubisky and the quarterback position.



years. He had three receiving touchdowns on the Colts last season. The Steelers are hoping he reverts back to his 2018 form where he had 13 touchdowns in 2018. He will be paired with Vance McDonald.



multiple draft picks and will be catching footballs from Josh Allen. The Vikings got quite the haul as he was traded for a 2020 1st round pick 4th, 5th, and 6th round draft picks. Now he will be lined up with Cole Beasley and John Brown.



WORD SEARCH

By Cece S.



Word Search

U	F	Q	D	N	U	S	E	P	Z
A	A	U	I	V	H	S	L	D	R
S	M	A	S	P	F	E	E	F	M
V	I	R	T	U	A	L	A	I	A
A	L	A	A	Z	V	I	R	U	S
H	Y	N	N	O	H	K	N	I	K
I	Z	T	C	O	J	G	I	Z	T
P	U	I	I	M	V	P	N	U	Z
K	Z	N	N	S	K	U	G	A	X
W	L	E	G	C	Y	Q	X	U	Y

Word List

DISTANCING ELEARNING FAMILY MASK ZOOM
QUARANTINE VIRTUAL VIRUS

Answers on next page.

QUARANTINE QUESTION

By Payton M.

My birthday is in a week and I will have to spend it in quarantine! I can't have my birthday party at my house anymore. What should I do?

- Unhappy and Scared

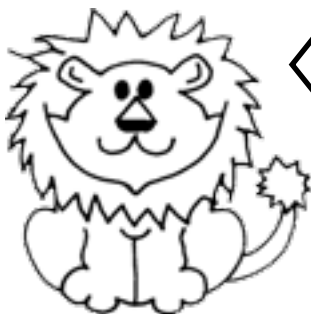
Dear unhappy and scared,

Happy early birthday! I know it can be tough to be spending what's supposed to be one of the best days of your life stuck at home but there are many ways to lighten it up.

First, see if you can set up some sort of online meeting with your friends and start it when the cake is ready and lit. Your friends can sing happy birthday to you electronically and watch you blow out your candles. It will feel like they're right there with you.

Also, get outside! If you have siblings ask them to play your favorite sport with you or ask Mom and Dad. Getting outside is healthy for your body and will help you feel less cooped up and depressed. Watch a movie with your family or board game that you choose.

I hope you will have a great b-day!
Thanks for writing!



**Stay safe,
Spring Avenue!
We miss you!**

40 THINGS TO DO IN QUARANTINE

By Caroline M. and Sean M.

Since we are on a school break due to the Coronavirus, here is a list of 40 fun things you can do while you are at home.

- | | | |
|--|--|--|
| 1. Bake | 16. Learn something new | 29. Dance |
| 2. Read a book | 17. Make a craft | 30. Sing |
| 3. Make a fort | 18. Look out the window | 31. Talk to your friends on the phone or video game system |
| 4. Create a dance | 19. Watch a movie | 32. Make a dessert |
| 5. Play with your pets | 20. Make a Vlog | 33. Think of anything |
| 6. Paint a picture | 21. Play ping pong (If you have) | 34. Make a comic book |
| 7. Play video games | 22. Play a board game | 35. Watch a TV show |
| 8. FaceTime a friend | 23. Make a new sport and play it with family | 36. Play any type of sports |
| 9. Do something outside in your backyard | 24. Call a family member | 37. Do a time lapse video of the whole day |
| 10. Go for a run | 25. Write a story | 38. Take a nap |
| 11. Go on a bike ride | 26. Take a drive in your car or bike | 39. Daydream |
| 12. Draw | 27. Go for a walk | 40. Take another nap (If needed) |
| 13. Clean | 28. Paint | |
| 14. Redecorate your room | | |
| 15. Make a smoothie | | |

We hope you liked the article, and remember to social distance and wash your hands very thoroughly.

HOW DOES HAND SANITIZER WORK?

By Payton M.

If you use hand sanitizer you might know that your hands become very dry after using it. That is because hand sanitizer contains rubbing alcohol which dries things out. While drying up your hands it also dries up the germs which kills them.

If you have ever read a hand sanitizer bottle you may have realized that it says "kills 99.99% of germs" or "kills 99% of germs". It says this because scientists think it kills all germs but they're not 100% sure. The hand sanitizer companies could get sued if it says "kills 100% of germs" and someone finds out it doesn't.



WHAT TO DO WHEN YOU'RE STUCK INSIDE

By Bridget G.

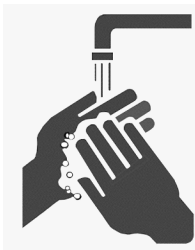
- | | | |
|--|---|---|
| 1. Binge Watch TV Shows | 21. Listen To Music | 40. Online Shop |
| 2. Read A Book That You Find Around Your House | 22. Play With A Pet | 41. Do A Sport At Home |
| 3. Workout | 23. Cook | 42. Go On A Bike Ride |
| 4. Draw and Color | 24. Have A Dance Party | 43. Sleep Some More |
| 5. Do A Puzzle | 25. Go Through Amazon And Look For Stuff You Want | 44. Take Pictures |
| 6. Do A Face Mask | 26. Play A Instrument | 45. Redecorate Your Room |
| 7. Take A Long Bath/Shower | 27. Watch Netflix or Disney+ | 46. Organize Whatever You Want |
| 8. Have A Fashion Show | 28. Write A Story | 47. Watch Anything |
| 9. Clean Your Room and Closet | 29. Eat Lots Of Food | 48. Draw |
| 10. FaceTime And Text Friends and Family | 30. Clean Your Whole House | 49. Color |
| 11. Sleep | 31. Go On A Run/Walk | 50. Make Your Own Coloring Sheet |
| 12. Do Extra eLearning | 32. Learn A New Dance | 51. Eat More Food |
| 13. Listen To Music | 33. Write To Your Future Self About The Covid-19 | 52. Look At Old Memories |
| 14. Paint Your Nails | 34. Bake | 53. Read The School Newspaper |
| 15. Read A Comic | 35. Listen To Music | 54. Make Nice Cards For Your Friends and Family |
| 16. Learn A New Language | 36. Eat Candy | 55. Play With Your Siblings |
| 17. Watch A Movie | 37. Make A Play for your Family | 56. Play A Board Game |
| 18. Build A Fort | 38. Support Local Businesses (curbside pick up!) | 57. Deep Clean Your Kitchen Counters |
| 19. Play Google Snake | 39. Support Your Sport and Activity Companies | |
| 20. Bounce a Ball against the Wall | | |

HOW TO WASH YOUR HANDS

By Payton M.

You may think washing your hands is simple and easy. I mean, all you do is put soap on your hands and then run it under the water right? Wrong. It is a little more complex than that.

First, run your hands under the water for 5 seconds. Then take a few pumps of soap and rub it all in for a good 20 seconds or longer. Scrub each finger separately and then all together. Make sure to get in between all the groves.



Soap up the front and back of your palms, hands, and wrists.

Next, run your hands under the water till the soap is all gone. Dry your hands and wrists. Now you might be wondering why you have to do all this. It is because the soap does not kill the germs but it loosens them off your hand so when you run them under the water the soap, water, and germs go down the drain. That is how soap works and how to wash your hands.

FIND YOUR FAMOUS NAME

By Payton M.

Find your famous first and last name. Take the second letter of your first name or the third letter of your last name to find it.

Amelia Earhart
Barack Obama
César Chávez
Donald Trump
Elizabeth Cady Stanton
Frederick Douglass
George Washington
Helen Keller
Isaac Newton
John F. Kennedy
Kurt Vonnegut
Leonardo da Vinci
Martin Luther King jr.
Neil Armstrong
Oprah Winfrey
Patrick Kane
Queen Elizabeth I
Rosa Parks
Sally Ride
Thomas Edison
Usher
Vin Diesel
Wilma Rudolph
Xander Berkeley
Yara Shahidi
Zoë Kravitz

CORNY JOKES

By Mary S. and Charlotte D.

J=Joke P=Punch line

J: I tried to take a picture of some fog...

P: *But I mist.*

J: What can light up a soccer field?

P: *A soccer match*

J: Why did Santa go to a music college?

P: *To help with his Rapping skills.*

J: Why did the man get hit by the bike every day?

P: *Because he was stuck in a vicious cycle.*

J: Did you hear about the kidnapping at school?

P: *But it's fine, he woke up.*

J: How many ears does Captain Kirk have?

P: *Three: a left ear, a right ear, and a final frontier!*

J: Why did the bike fall over?

P: *Because he was two tired.*

J: How does Darth Vader like his toast?

P: *On the dark side.*

J: I wanted to go on a diet...

P: *But I had too much on my plate.*

J: My mom shouted "Hey?! Did you even listen to a word I said?"

P: *I thought What a strange way to start a conversation.*

J: Have you been to the restaurant on the moon?

P: *Great food, no atmosphere.*

Jokes found in the article *101 Corny Jokes*:

<https://parade.com/965742/parade/corny-jokes/>

CREATIVE WRITING

WHAT TO DO ON A RAINY DAY

By Zoey G.

What to do, on a rainy day.
 I can't walk to my friends, and say, "Hey!"
 So I stay inside,
 Without any pride,
 What to do, on a rainy day.

What to do, on a rainy day.
 I can splash in puddles, and say, "Hooray!"
 So I go and jump,
 Not acting like a grump,
 What to do on a rainy day.

What to do when the sun shines bright.
 I'm so happy, I might cry, I might.
 I will play in the sun,
 Have all kinds of fun,
 What to do when the sun shines bright.

What to do when the sun shines bright.
 I'm so sad, I might cry, I might.
 Oh how I wish it was a rainy day,
 Then I would be happy, I could play.
 What to do when the sun shines bright.

EASTER BUNNY MISTAKE

By Sophia M.

It all started when I was on vacation with my family, great aunt and great uncle in Branson, Missouri. On Easter morning, my sister, brother and I got up to look for our Easter eggs and baskets. When I found an egg that had my name on it, the Easter Bunny had spelled my name like this: "Sopha."

Even though my name was spelled wrong that did not stop me from having fun the rest of the day. My family and I shared lots of laughs that the Easter Bunny had made such a silly mistake making my name sound like a sofa.

WHO AND WHERE

By Zoey G.

When she left, she called out, "Bye, Em."

It made me very happy. She cared for what I thought. When I was telling her everything, I couldn't help but think she wasn't listening. Now I know she was.

That tiny little action made me feel the need to give her the world. I can't explain it, but, I just, really wanted to do something for her. I felt like she was doing nice

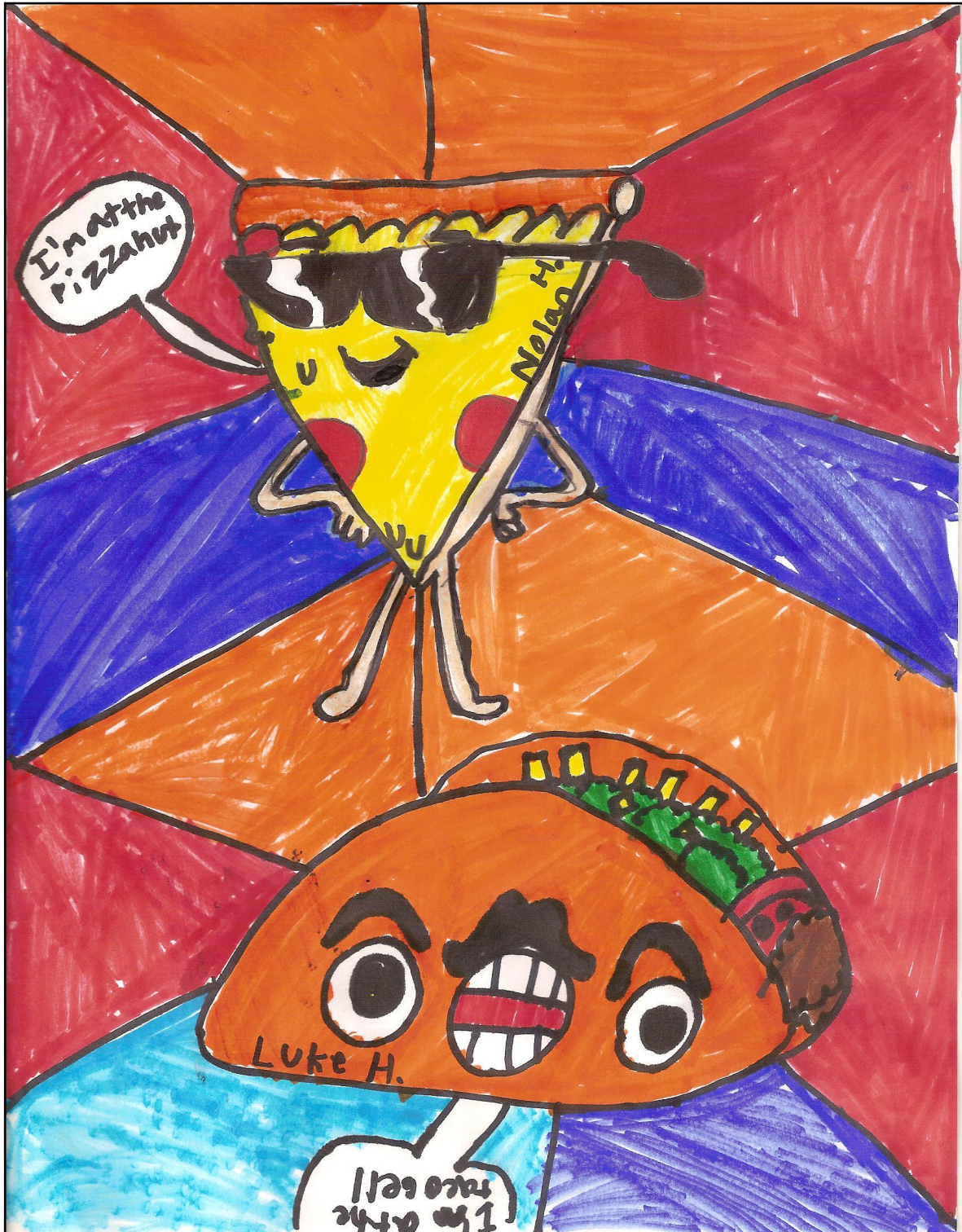
things for me but I wasn't doing enough for her. That's when it all started. The plan.

I had spent the past two days preparing. It was going to be amazing. It was a birthday party. Every year you have one but this will be special. Usually your friend will sing and that's it. Never has someone thrown a surprise party. There aren't surprises. It's a lot easier to plan a party when you like the exact same things that the

person you're planning for does. She likes tea, but I know something that she would enjoy even more. A pool party. Everything was perfect. Almost perfect. The one problem was, who do I invite? It's not like I know anyone else. But then I got an idea. It would fix the problem perfectly, or so I thought. School. We don't have school here. We don't. But there is someplace. Somewhere. There is school. The empty island. To be continued...

C O M I C

By Nolan H. and Luke H.



TOP FIVE COLD TREATS IN LA GRANGE

By Declan G.



1. Tates Old Fashioned Ice Cream

Tates has hard-packed ice cream that they make in the store. They only feature a few toppings like gummy bears, M&M's, and sprinkles. My favorite ice cream to get there is peppermint.

Address: 25 S Ashland Ave



2. Andy's

Andy's serves soft-serve ice cream with toppings and concretes. My favorite thing to get there is a Little Digger, which is crushed up Oreos on vanilla soft serve with gummy worms.

Address: 5745 S La Grange Road



3. Forever Yogurt

Forever Yogurt features all kinds of flavors of frozen yogurt and toppings. My favorite thing to get there is a mix of everything.

Address: 71 S La Grange Road



4. Red Mango

Red Mango serves all flavors of frozen yogurt and toppings. My favorite thing to get there is a mix of everything.

Address: 81 S La Grange Road



5. Baskin Robbins

Baskin Robbins is connected to Dunkin Donuts. They serve hard-pack ice cream with toppings and milk shakes. My favorite thing to get there is cookies and cream ice cream.

Address: 9400 Joliet Road, Countryside

NEWSPAPER CLUB

Matthew B.	Nolan F.	Avery L.	William P.
Colin B.	Nora F.	Ainsley L.	Will P.
Max B.	John F.	James L.	Maggie R.
Miles B.	Hannah F.	Bella M.	Carrie R.
Nolan C.	Dylan G.	Blake M.	Veda R.
Josh C.	Luc G.	Logan M.	Michael R.
Caroline C.	Declan G.	Connor M.	Cece S.
Ryan C.	Bridget G.	Payton M.	Mary S.
Reese C.	Zoey G.	Caroline M.	Ava S.
Sophie C.	Nolan H.	Sean M.	Maddy S.
Zoë C.	Luke H.	Beckett M.	Abigail S.
Charlotte D.	Caleb H.	Sawyer M.	Andy S.
Declan D.	Evan I.	Lucy M.	Ben S.
Isabella D.	Jimmy K.	Brennan M.	Zoe S.
Luke E.	Shuta K.	Kerryn M.	Camille S.
Helena E.	Vivi K.	Sophia M.	Niraj T.
Jacob F.	Daniel K.	Eve M.	Emilee T.
Tony F.	Brynn K.	Kaitlin OB	Alejandro V.
Vinny F.	Peter K.	Eli P.	

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